

Sun

Mon

Tue

Wed

Thu

Fri

Sat



January 2021



1
Turn on some dance music and dance, Dance, DANCE!

2 Let your child cut up greeting cards to make an alphabet book. "A" is for angel, "B" is for bell, etc.

3 Tape a crayon point touching the table to the back of a small car. Let your child push the car over paper. Make tracks!

4 Children love to sort. Mix different colored dried beans together and have her sort them into an empty egg carton.

5 Give your child a grocery store circular and let him help you locate the items you want to buy.

6 Fill a spray bottle with colored water (food coloring). Let him spray paint in the snow.

7 Cut colorful magazine pictures into small shapes. Glue them on the bottom side of a paper plate to create a mosaic.

8 Save jars and lids of different sizes. Let your child match the right lid to the right jar and screw it on.

9 Take a walk around the neighborhood. Talk about winter. Note your freezing breath. How do animals stay warm?

10 Have your child assist you in preparing dinner by setting the table or washing the vegetables.

11 With toothpicks and gumdrops or marshmallows make shapes, squares, hexagons and stars.

12 When you leave the apartment, count all the steps you take to get to the street.

13 Cut out paper snowflakes together. Fold a piece of paper into fours and cut holes. Open to display .

14 Tape a feather to a new pencil or crayon. Tell your child about using "quills" in the 1800's .

15 Cut up different apples and have everyone taste each. Talk about the differences. Vote for your favorite.

16 Draw a face on your child's fingers with washable marker. Let her retell a favorite story with puppet fingers.

17 Ask your child to interview one of her stuffed animals. Video it or write it

18 Watch one of your child's favorite TV shows together. Afterward talk about the feelings that were shown.

19 Write large numbers (1-20) on a piece of paper. Cut them into squares and have your child put them in order.

20 Teach your child a song you loved when you were his age.

21 Tell your child the origin of her name. What does it mean? Who was she named after? Why did you pick it?

22 Make it a game night. Play a board game like Candyland or try something active like charades.

23 Look at the calendar and count the days left in the month.

24 Catch snowflakes on black construction paper and store in the freezer. Discuss the shapes and patterns.

25 Create a cape for your child to play with from an old bed sheet or a towel.

26 Count the windows in your home together. Do they open up and down or in and out?

27 Draw a face on a Styrofoam cup. Fill with soil. Sprinkle on bird seed. Place in sun and water. When seed grows, it looks like hair.

28 With small grocery boxes, empty cardboard tubes and tape. Help her build a robot or a car.

29 Give your child 25 pieces of cereal. Help him sort them into groups of 5.

30 Give your child plastic bags to put over stocking feet. Then let him "ice skate" on the carpet.

31 Have your child close his eyes. Make a sound, such as jingling keys. Ask him to listen and guess. what you are doing.



Parent/Child Activity Calendar

New York City Division of Early Childhood Education