



March 2022

Parent/Child Activity Calendar

New York City Division of Early Childhood Education

Sun

Mon

Tue

Wed

Thu

Fri

Sat

		1 March comes in like a “lion” and goes out like a “lamb.” Talk with your child about what this means.	2 It’s Dr. Seuss’ birthday! Read one of his books to celebrate	3 Tap out a very simple rhythm with household instruments, such as spoons. Can your child copy it?	4 Ask your child about the story the teacher read in school today. Have her tell you about the book.	5 Set aside some old clothes and create a costume box for your child.
6 Fill a small jar with coins. Have your child guess how many it contains. Count them together.	7 Hide an object and give your child 3 clues to find it. Praise her for following directions when she finds it.	8 Practice barnyard sounds by singing “Old MacDonald” together.	9 Plan a no TV/IPAD evening. Read, play games or tell stories instead.	10 Shape the letters of your child’s name out of clay. Let him trace the letters to get the feel for writing.	11 Reinforce the importance of handwashing. Sing “Happy Birthday” twice to mark how long to scrub.	12 Roll out playdoh. Use household objects to make impressions, like keys, utensils or jewelry.
13 Get down on the floor and play with your child. Don’t take over the play— follow her lead instead.	14 Do some stretching exercises together. Do you know any yoga poses? Try them too!	15 Today is the Ides of March. Talk with your child about the middle, beginning and the end.	16 Give your child a box of colorful paper clips. Have him link them together and make a long chain.	17 In the morning, help your child find five of her favorite books. Read them throughout the day.	18 Talk about playground safety; taking turns, sliding feet first down the slide and wearing a bike helmet.	19 Help your child make a scrapbook. Staple some construction paper together. Let him glue on ticket stubs, photos, etc.
20 Play an old fashioned game of hide-and-seek with the entire family.	21 Make today a “rhyming day.” Have your child think of rhyming words for common words.	22 Have your child draw a picture of her favorite toy.	23 Make up stories to tell your child. This encourages her to be creative.	24 Talk about what kinds of things can make a person a “hero.” Family members can be heroes too!	25 Let your child help you with a household chore today. Remember to thank him when he finishes.	26 Help your child put on a puppet show with her stuffed animals.
27 Try a new self-care skill today — teach the first step of tying shoe laces. Finish them off if he can’t yet.	28 Sharpen pencils together. Ask your child how she thinks the machine works.	29 Practice moving slowly and quickly. How would a rabbit move? How about a turtle?	30 Ask your child to draw abstract ideas such as love, happiness or fear.	31 Show your child the change from your purse. Can she identify the coins by name? Talk about the color and size.		