





# March 2023

## Parent/Child Activity Calendar

New York City Division of Early Childhood Education

	Tue	Wed	Thu	Fri	Sat
		1 March comes in like a "lion" and goes out like a "lamb." Talk with your child about what this means.	2 It's Dr. Seuss' birthday! Read one of his books to celebrate	3 Ask your child about the story the teacher read in school today. Have them tell you about the book.	4 Set aside some old clothes and create a costume box for your child.
5 Tap out a very simple rhythm with household instruments, such as spoons. Can your child copy it?	6 Hide an object and give your child 3 clues to find it. Praise them for following directions when they find it.	7 Practice barnyard sounds by singing "Old MacDonald" together.	8 Plan a no TV/IPAD evening. Read, play games or tell stories instead.	9 Let your child help you with a household chore today. Remember to thank them when they finish.	10 Reinforce the importance of handwashing. Sing "Happy Birthday" twice to mark how long to scrub.
12 Fill a small jar with coins. Have your child guess how many it contains. Count them together.	13 Do some stretching exercises together. Do you know any yoga poses? Try them too!	14 Give your child a box of colorful paper clips. Have them link them together and make a long chain.	15 Today is the Ides of March. Talk with your child about the middle, beginning and the end.	16 In the morning, help your child find five of their favorite books. Read them throughout the day.	17 Get down on the floor and play with your child. Don't take over the play— follow their lead instead.
19 Play an old fashioned game of hide-and-seek with the entire family.	20 Talk about playground safety; taking turns, sliding feet first down the slide and wearing a bike helmet.	21 Have your child draw a picture of their favorite toy.	22 Make up stories to tell your child. This encourages them to be creative.	23 Make today a "rhyming day." Have your child think of rhyming words for common words.	24 Shape the letters of your child's name out of clay. Let them trace the letters to get the feel for writing.
26 Try a new self-care skill today — teach the first step of tying shoe laces. Finish them off if they can't yet.	27 Sharpen pencils together. Ask your child how they think the machine works.	28 Practice moving slowly and quickly. How would a rabbit move? How about a turtle?	29 Ask your child to draw abstract ideas such as love, happiness or fear.	30 Show your child the change from your purse. Can they identify the coins by name? Talk about the color and size.	31 Talk about what kinds of things can make a person a "hero." Family members can be heroes too!
					 Lion  Lamb